

WENDY LEIGH ELLIS

EDUCATION

National College of Naturopathic Medicine - Portland, Oregon.
Doctorate in Naturopathic Medicine
Candidate for certificate in midwifery *Sept 1997 - July 2002*

University of New England - Biddeford, Maine
BS Medical Biology *Jan 1993 – Dec 1996*

EXPERIENCE

Tahoma Clinic – Renton, Washington - *April 2005 - current*

Licensed naturopathic physician

Primary care medicine with an emphasis on Women's health, bio-identical hormone replacement therapy, multiple sclerosis, gastrointestinal disorders, thyroid disorders, adrenal dysfunction, depression, dermatology and pediatrics. Trained under the supervision of Dr. Johnathan V. Wright, pioneer in bio-identical hormone therapy.

Meridian Valley Laboratory – Renton, Washington - *October 2005 – current*

Physician consultant

Physician to physician consultations for the education and interpretation of steroid hormone testing.

Oak Street Naturopathic, LLC, Portland, Oregon *Sept 2003 – Apr 2004*

Licensed Naturopathic Physician

Owner and director of family practice clinic with a focus in family medicine, women's health, pediatrics, fasting and nutrition. Sole proprietor in this clinic, which opened September 15, 2003. Job requires consultations, insurance billing, appointment scheduling.

Clinica Casa Santiago, San Lazaro, Nicaragua *Jan 2003 – Aug 2003*

Primary care physician

Small clinic offering consultations and treatments to a community of 35,000. General family practice clinic with a focus in tropical disease, pediatrics, nutrition and minor surgery. Consultations and treatment of patients, seeking international aid for donations and medications, HIV and STD testing and education, running necessary in house laboratory exams, and home visits.

Farmacia Comunal, San Juan del Sur, Nicaragua *Apr 2003 – Jun 2003*

Primary care physician

Patient based research study of cervical cancer. Consultation, PAP exams, colposcopy, and treatment of cervical lesions. Patient and partner education concurrently.

St. Damian's Hospital, Port au Prince, Haiti - *March 2003*

Primary care physician

Mobile hospital serving St. Damien's Children's Hospital, the slums of Port au Prince, and Mother Teresa's Homes for the Destitute. Consultations, organizing tuberculosis and HIV testing and treatment programs, wound care, triage and emergency medicine. Inpatient and outpatient clinics offering care to all in need. Small

traveling clinic with portable laboratory including X-ray, ISTAT for blood chemistries, EKG, Tuberculosis sputum testing, and rapid HIV testing.

Natural Health Centers East, Portland, Oregon - *Sept 2000 – Jul 2002*

Student Physician

Basic primary care setting with a focus in family practice medicine. Intern working independently under the direction of attending physicians. Focus on women's health, botanical medicine, homeopathy, nutrition, minor surgery, dermatology, chronic disease, pediatrics.

Outside In, Portland, Oregon - *Jan 2001 – Jul 2002*

Student Physician

Outreach Clinic serving homeless youth and indigent population, immigrants and minority groups, as well as patients without resources or insurance to cover medical expenses. Basic primary care clinic with a large focus on sexually transmitted disease testing, treatment and prevention.

Port Maria Hospital, Port Maria, Jamaica - *December 2001*

Student physician

Assisted in childbirth, performed prenatal and postnatal visits for mothers and newborns, served as a basic primary care student physician within other wards of the hospital as needed. (Only two physicians served the 150+ inpatient unit).

Maine Medical Center, Portland, Maine *Sept 1995 – Dec 1996*

Student Intern

Patient transfers, pre and post surgical care and supervision. Observational intern in surgical procedures, specimen and equipment transfer.

Univ. of New England Medical School, Biddeford, Maine *Oct 1995 – Dec 1996*

Research Assistant

“Calcium channel inhibitors and the effects of acute spinal cord injury.”

Director of study, Dr. Bruce Trembly, MD / Neurosurgeon

Performed spinal laminectomies, tested recovery rate of subjects (sprague-dolly rats), based on numerous physical exams and other criteria, worked independently under the supervising physician.

EXPERIENCE

Craniosacral Therapy – Nancy Sullivan, Instructor - *Feb 2001 – Apr 2001*

Completed courses I & II in this therapeutic modality, based on the Upshur Institute program of study

Initiated an HIV testing and education program for Nuestros Pequeños Hermanos (NPH) orphanage in Nicaragua. *June 2003*

Created a medical records spreadsheet program for patient files and inventory spreadsheets for the NPH clinic, Nicaragua. *July 2003*

Training in Bio-Identical Hormone Therapy – twelve week rotation/internship with Dr. Johnathan V. Wright, M.D., and Dr. Christa Hinchcliffe, ND on the use and administration of bio-identical hormone replacement. *Apr 2005 – Jun 2006*

Physician Panel – Q&A - Bio-Identical Hormone Society, Seattle, WA. *January 2006*

Board of Directors, secretary, Natural Doctors International. www.ndimed.org. *Aug 2006 – Aug. 2008*

This non profit organization provides free medical care and medications for patients in Ometepe, Nicaragua. As a board member, we work to raise awareness of problems with the global health system, and raise money to

provide the clinic with supplies and physicians.

DAN! Defeat Autism Now – practitioner. Clinical training and applications for the treatment of Autism. *October 2006*

International Hormone Society – Conference speaker, West Hollywood, CA. Estrogen and progesterone metabolism, Practical application: Hormone therapy in clinical practice, 2/16 estrogen ratio and cancer risk, Enzyme activity in steroid metabolism, Steroid hormone evaluation: saliva, serum, urine. *February 2007*

International Hormone Society – Conference speaker, San Diego, CA. Practical applications of hormone replacement therapy, special considerations for uterine fibroids, polycystic ovarian syndrome, and other reproductive disorders. Hormone therapy in clinical practice. *September 2007*

International Hormone Society - Conference speaker, Las Vegas, NV. Practical applications, Common problems in Hormone Replacement. *February 2008.*

MS Swank Society: "Ask the doctor" practitioner for online website for patients regarding MS and the Roy S, MD program for MS. www.swankmsdiet.org - *May 2008 - present.*

Amarillo Health Initiative - Conference Speaker, Amarillo, TX.

Pediatric Health: ADD, alternate vaccination schedule for children, keeping children healthy in a toxic environment, common nutrient deficiencies in children.

Women's Health: An Introduction to Bio-identical Hormone Replacement. - *October 2008.*

International Hormone Society - Conference Speaker, San Diego, CA. Practical Applications for Female Hormone Replacement, Common Problems in Hormone Replacement, Autoimmunity and hormone interactions.

- *October 2008.*

International Hormone Society – Conference Speaker, Las Vegas, NV Practical Applications for Female Hormone Replacement, Common Problems in Hormone Replacement, Environmental Factors in Endocrine Metabolism. – *February 2009*

Webcast – Chronic Inflammation and Hormones – Teleseminar and Interview of Dr Ellis by Jini Patel, July 2009.

International Hormone Society – Conference Speaker, San Diego, CA. Practical Applications for female HRT, Case study review: Common problems in BHRT.

KVI Radioshow – “Green Medicine” one hour radioshow as the guest speaker, Autoimmunity and MS. Dec. 2009

Publications:

Urine Testing for evaluation of steroid hormones. Townsband Letter publication - January 2008.
<http://www.townsendletter.com/Jan2008/urinary0108.htm>

Handbook for the Interpretation and Evaluation of the 24 hour Comprehensive Hormone Profile. Gas chromatography / mass spectrometry method of evaluation for steroid hormone testing. This handbook will be provided to physicians using this method of steroid hormone analysis, and provides step by step guidelines for the interpretation of this data. *February 2007*